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# The Older Adult Psychotherapy Treatment Planner, With DSM-5 Updates, 2nd Edition (PracticePlanners)



## Synopsis

This timesaving resource features: Treatment plan components for 30 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions; plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors Includes new Evidence-Based Practice Interventions as required by many public funding sources and private insurers PracticePlanners® THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS The Older Adult Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies New edition features empirically supported, evidence-based treatment interventions Organized around 30 behaviorally based presenting problems including depression, unresolved grief, life role transition, and substance abuse Over 1,000 prewritten treatment goals, objectives, and interventions; plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA Additional resources in the PracticePlanners® series: Documentation Sourcebooks provide the forms and records that mental health professionals need to efficiently run their practice. Homework Planners feature behaviorally based, ready-to-use assignments to speed treatment and keep clients engaged between sessions. For more information on our PracticePlanners®, including our full line of Treatment Planners, visit us on the Web at: [www.wiley.com/practiceplanners](http://www.wiley.com/practiceplanners)

## Book Information

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## Customer Reviews

ARTHUR E. JONGSMA, JR., PHD, is the Series Editor for the bestselling PracticePlanners®.

Since 1971, he has provided professional mental health services to both inpatient and outpatient clients. He was the founder and director of Psychological Consultants, a group private practice in Grand Rapids, Michigan, for 25 years. He is the author or coauthor of over 50 books on treatment planning and has conducted training workshops for mental health professionals around the world.

DEBORAH W. FRAZER, PHD, is a licensed clinical psychologist who has worked with older adults for more than thirty years as a clinician, teacher, administrator, and consultant. Dr. Frazer is the author of more than thirty articles and book chapters related to work with older adults. She has written, taught, and developed programs in public, nonprofit, and corporate settings, and is currently an independent practitioner and consultant.

GREGORY A. HINRICHSSEN, PHD, is a geropsychologist with thirty-five years of experience in the field of aging. During his career, he has provided clinical services to older adults, conducted gerontology research, directed geropsychology training programs, and contributed to aging public policy. Dr. Hinrichsen is Associate Clinical Professor of Psychiatry and Behavioral Sciences at the Albert Einstein College of Medicine.

I found this treatment planner to be even better than Jongsma's other planners. I've used them for treating the Intellectually Disabled population and this is particularly effective. I found it to be so because it did not limit the suggestions to the broadest and most common diagnoses, but rather to include behaviors that are typically found among elderly suffering dementia and/or related diagnoses. I would recommend it to anyone treating this ever-increasing population and in particular, those in institutions. I am serving individuals in nursing homes as well as assisted care facilities and it is very useful.

as expected

Im a psychotherapist in VA. I recently started working with an organization that serves many elderly

patients and this treatment planner guide has been a blessing.

Helpful but not all inclusive.

Poorly written, appears to be a copy of information from previous books. Not as comprehensive as it could have been to help the elderly in a therapeutic setting. Truly disappointed with the content!

This is very helpful. I highly recommend it for therapists. It is concise and to the point. I downloaded the Kindle version so that I could keep it with me as I travel.

i really liked this book. its easy to use

EXCELLENT, complete resource for treatment plans for working with seniors! You'll never need another resource! :)

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